



## In Quietness & Trust

Welcome as a church to one of our absolute annual highlights. For a number of years, we have prioritized starting the calendar year with a period focused on prayer and fasting. We believe these elements are designed and presented through the Word of God as tools with the ability to equip and realign us as spiritual beings with God's will and plan both for us as individuals but not in the least as a church body, His body.

We want to encourage you to join us for 21 days, from January 14<sup>th</sup> to February 4<sup>th</sup>, as we focus on the words of the prophet Isaiah found in chapter 30:15 "IN QUIETNESS AND TRUST".

Living in quietness and trust offers a myriad of advantages that contribute to overall well-being and a more fulfilling life. In the serenity of quietness, one can find solace and clarity, providing a conducive space for self-reflection and also spiritual growth.

Trust, both in oneself and in God, forms the foundation of a strong relationship. When trust in God prevails, it creates a sense of security and belonging, enabling us to navigate life with confidence and optimism. In an environment, where our full trust in God is clearly seen, faith grows and our lives are touched.

Moreover, a quiet and trusting environment often leads to a higher quality of life. The absence of unnecessary distractions allows us to focus clearer on meaningful pursuits, while a growing trust in God Almighty helps us many times in seeing beyond our own limitations and believing God for greater things.

That's why we urge you to allow your start of 2024 to be flavoured with quietness and trust.

During the four Sundays of our Prayer and Fasting period our pastors will preach on various aspects of "quietness and trust".

During the weeks, from Monday to Friday from 10.00-20.00 our prayer room on floor 1 will be open and accessible for prayer.

Wednesdays at 12.00 we invite you to a prayer and communion service.

Wednesday at 18.00 will be gatherings devoted to prayer and worship.

Please also make sure that you follow us on social media for a daily inspirational Bible verse and a prayer from some of our church members. These will also be publicizing in printed form.

May God bless us and guide us.

/Mark