



Every new year brings the promise of new opportunities. What is your prayer and dream for the New Year? Will 2025 come with the hope of better interest rates and strengthened wallets. The young people's trend barometer reports about the return of religion and that Jesus is becoming “trendy”. At the same time, tensions between East and West, wars and famines cast deep shadows over the new year. What awaits us and what can we influence?

### **What is our mission as a church?**

An American architectural magazine published a big report about our new church that went out to all architectural offices throughout the United States. The article was titled Pray it forward! It was like a prophetic greeting to our Church, reminding us of our mission. Pass on what you have received. Pray it forward!

Therefore, it feels great in every way to start the year with 21 days of prayer and fasting. The future does not lie first and foremost with politicians and presidents, but with those who listen to what is on God's heart and pray.

Just as we need food to survive, so we need prayer and fasting for the growth of our spiritual lives. We know that, but honestly, it's not always that easy. Finding time, routines, concentration, etc. During our prayer period, we help each other to set aside time for prayer and contemplation. We believe it has great significance for you, our church, our city and our world. According to 1 Timothy 2: the year can hardly begin in a better way:

*“First of all, I call for prayer and supplication, for intercession and thanksgiving for all people.”*

We have produced a booklet where you will find a Bible verse and theme for each day during the period. It is a basis for reflection and conversation. It also comes with thank-you topics and prayer topics for each day. Of course, it is just a starting point and help along the way.

Every day we will also post this material on our Social Media and the entire prayer booklet on: [linktr.ee/MJBeckenham](https://linktr.ee/MJBeckenham)

If you have the opportunity, we recommend you exercise some form of fasting during the period. The logic is simple. Fasting helps you give up something in order to free up time and focus for talking with God. For example, you can fast from social media and internet surfing in favour of prayer and Bible reading. You determine best what frees up your time

and attention for quiet moments with God. If you want to fast from food, please read the doctor's advice we offer.

Let ´s meet in prayer,  
/Mark Beckenham

**MONDAY - FRIDAY**

Prayer at 6 pm in Hamnsalen (ground level)

**TUESDAY - THURSDAY**

Prayer and communion at 12 noon in Hamnsalen (ground level)

**SATURDAY - SUNDAY**

We recommend prayer walks